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	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame Seeds	Soybeans	Sulphur Dioxide	Suitable for Vegetarians?	Suitable for Vegans?	
Sweet Popcorn	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Corn 55%, Rapeseed Oil 19%, Sugar 26%
Salt Popcorn	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Corn (grains), Rapeseed Oil, Salt
Saharas	Yes	Yes	N	N	N	N	N	N	N	Trace	Yes	N	N	N	N	N	PEANUTS (50%), starch (potato,WHEAT, maize), sunflower oil,sugar, salt, garlic powder, spices, onion powder, tomato powder, flavour enhancer (monosodium glutamate), acid (E262, E330), yeast extract, flavouring (WHEAT, CELERY), colouring (E120, E160a). May contain traces of other Tree Nuts and Gluten.
Knorr Professional Tomato Soup	May Contain	May Contain	N	May Contain	N	N	May Contain	N	May Contain	N	N	N	May Contain	N			Potato Starch, Sugar, Tomato Puree Powder1 (21%), Salt, Yeast Extract, Maltodextrin, Palm Fat, Sunflower Oil, Glucose Syrup, Onion Powder, Acid (Citric Acid), Flavourings, Modified Starch, Pepper, Beetroot Juice Concentrate, 1 Made from Sustainably grown ingredients May contain Gluten, Milk, Egg, Celery, Mustard and Soya
Knorr Professional Thick Vegetable Soup	Yes	May Contain	N	May Contain	N	N	May Contain	N	May Contain	N	N	N	May Contain	N			Dehydrated Vegetables 1 in variable proportions (48%) [Potatoes, Onion, Asparagus, Leek, Carrot, Celeriac (Celery), Cauliflower], Potato Starch, Salt, Vegetable Oils (Sunflower, Corn), Yeast Extract, Glucose Syrup, Sugar, Modified Starch, Vegetable Juice Concentrates1 (0.4%) [Celery, Carrot, Leek, Onion], Turmeric, Pepper, Parsley, 1 Made from Sustainably grown ingredients May contain Gluten, Milk, Egg, Mustard and Soya
The Hot Nut Company	N	Yes	N	N	N	N	Trace	N	Trace	Yes	YES	N	YES	Trace	N	N	PEANUTS, potato starch, pregelatinised maize starch, sunflower oil, rice flour, corn starch, icing sugar, salt, modified potato starch, garlic powder, onion powder, chilli seasoning (chilli pepper, cumin, salt, garlic, oregano), curry powder (turmeric, cumin, coriander, fenugreek, fennel seed, maltodextrin, dextrose, salt, garlic powder, rapseed oil, chilli pepper), WHEAT flour, hydrolysed vegetable protein (SOYA), colours: beta carotene; E160(ii), cayenne pepper, spice extract (extract of paprika, capsicum extract, chilli extract) acid: citric acid. May contain traces of Milk, Mustard, Sulphites, Treenuts.
Presliced Baguette 28cm	N	Yes	N	N	N	N	N	N	N	N	N	May Contain	N	N	Y	Y	WHEAT Flour (WHEAT Flour, Calcium Carbonate, Iron, Niacin, Thiamin), Water, Yeast, Salt, Dextrose, Flour Treatment Agent: Ascorbic Acid.
Presliced Baguette 120g	N	Yes	N	N	N	N	Trace	N	N	Trace	N	Trace	N	N	Y	Y	
Original Suasage 90g	N	N	N	N	N	N	Trace	N	N	N	N	N	N	N	No	No	Pork (87%), Water, Iodised Salt (Salt, Potassium Iodate), Dextrose, Sugar, Stabiliser (E450), Spice and Spice Extracts, Antioxidant (E300), Preservative (E250).
Chilli Cheese Sausage 90g	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	No	No	
Ketchup	N	N	N	N	N	N	N	N	N	Trace	Trace	N	N	N	Y	Y	Water, Concentrated Tomato Paste, Sugar, Thickener (Modified Strach),Acidity Regulator (Acetic acid), Salt, Spirit Vinegar, Preservative (Potassium Sorbate), Spice & Spice Extracts, Sweetners (Aspartame, Sodium Saccharin), Colour (Ammonia Carmel). Contains a Source of Phenylalanine.
Mustard	N	N	N	N	N	N	N	N	Yes	N	N	N	N	N	Y	Y	Water, Spirit Vinegar, Mustard, Flour (10%), Thickner (Modified Strach), Acidity Regulator (Acetic acid), Salt, Sugar, Turmeric, Spirit Vinegar, Preservative (Potassium Sorbate), Sweetners (Aspartame, Sodium Saccharin). Contains a Source of Phenylalanine.
Chilli sauce	N	N	N	N	N	N	N	N	N	Trace	Trace	N	N	N	Y	Y	
BBQ sauce	N	N	N	N	N	N	N	N	N	Trace	Trace	N	N	N	Y	Y	
Nachos - Natural	N	N	N	N	N	N	N	N	N	N	N	N	May Contain	N	Y	Y	Corn Flour,Sunflower Oil, Salt. May contain soy.
Nachos - BBQ	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	
Crunchy Crisps	Yes	Trace	N	Trace	Trace	N	Trace	N	Trace	N	N	N	Yes	Trace	Y	No	Dehydrated potato, potato starch, palm oil, salt (max. 6%), natural colouring: paprika, turmeric; dried glucose syrup, dried vegetables (onion), spices, flavours, flavour enhancer: E621, E635; smoke flavour.
Nacho cheese	N	N	N	N	N	N	Yes	N	N	N	N	N	Yes	N	No	No	Water, rapeseed oil, whey powder (from milk), vegetable fat (palm, rapeseed, coconut, partially hydrogenated palm fat), skimmed milk powder, cheese (3,1%), modified starch, thickeners: E412, E472e; salt, butter, emulsifiers: E450, E452, E339, E471, E322; maltodextrin, dextrose, hydrolyzed vegetable proteins (soya, maize), yeast powder, flavourings (contain milk), spices (chilli-, paprika powder), flavour enhancer: E621; white wine vinegar, acidity regulator: E330, E270; spirit vinegar, colour: E160a, E160b, E160c, E150d; preservative: E202;

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Nacho salsa	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Tomatoes (58%), onions, water, sugar, spirit vinegar, modified maize starch, Jalapeño peppers (2%), green chili pepper (2%), red sweet pepper (2%), salt, flavouring, garlic, antioxidant: ascorbic acid, spices, lemon concentrate, natural paprika flavour
Nacho salsa - Spicy	N	Yes	N	N	N	N	Yes	N	N	N	N	N	Yes	N	Y	No	Vegetable (bell pepper 14.5%, onions 9.7%, Jalapeno pepper 1.9%), water, tomato puree 15.6%, tomato pulp 8.8%, sugar, spirit vinegar, modified starch (E1422), salt, Jalapeno seasoning (dextrose, salt, hydrolyzed vegetable protein, yeast powder, flavours, contains soy and milk), spices, vegetable broth (contains hydrolyzed soy and wheat protein), thickeners (guar gum, xanthan), preservative E202, Salsa flavour, acidity regulator: citric acid E330, flavour enhancer: sodium glutamate
Sour Cream	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	Y	No	Water, sour cream 25% (contains milk), rapeseed oil, spirit vinegar, thickeners (E1442, E1422, E472e, E415, E412, contains milk), modified starch, spices, salt, acidity regulator (lactic acid), preservatives (potassium sorbate), stabilizer: pectin (E440)
SUNKIST ORANGE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Carbonated Water, Sugar, Acid (Citric Acid), Natural Orange Flavouring, Acidity Regulator (Sodium Citrate), Sweeteners (Acesulfame-K, Aspartame*, Sodium Saccharin), Preservatives (Sodium Benzoate, Potassium Sorbate), Stabilisers (Acacia Gum, Ester Gum), Antioxidant (Ascorbic Acid), Vegetable Oil, (Coconut, Palm), Colour (Mixed Carotenes). * Contains a Source of Phenylalanine
SUNKIST LEMONADE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Carbonated Water, Sugar, Acid (Citric Acid), Acidity Regulator (Sodium Citrate), Sweeteners (Acesulfame K, Aspartame*, Sodium Saccharin), Preservatives (Sodium Benzoate, Potassium Sorbate), Flavourings. * Contains a Source of Phenylalanine
SUNKIST ZERO LEMONADE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Carbonated Water, Sugar, Acid (Citric Acid), Natural Lemon Flavouring with other Natural flavourings, Sweeteners (Acesulfame K, Aspartame*, Sodium Saccharin), Acidity Regulator (Sodium Citrate), Preservatives (Sodium Benzoate, Potassium Sorbate). * Contains a Source of Phenylalanine
VIMTO	N	Yes	N	N	N	N	Yes	N	N	N	N	N	N	N	Y	Y	Carbonated Water, Sugar, Fruit Juices From Concentrate 3% (Grape, Blackcurrant, Raspberry), Acid (Citric Acid), Vimto Flavouring (Including Natural Extracts of Fruits, Herbs, Barley Malt and Spices), Colouring Food (Concentrates of Carrot, Hibiscus), Preservatives (Potassium Sorbate, Sodium Benzoate), Flavourings, Antioxidant (Ascorbic Acid), Sweeteners (Acesulfame K, Sucralose), Antifoam (E900). Original Vimto is classed as gluten-free due to the low levels (20 parts per million).
COCA COLA	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Post Mix Syrup Sugar, Water, Colour (Caramel E150d), Phosphoric Acid, Natural Flavourings Including Caffeine
DIET COKE	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Post-Mix Syrup Water, Colour (Caramel E150d), Sweeteners (Aspartame, Acesulfame K), Natural Flavourings including Caffeine, Phosphoric Acid, Citric Acid, Preservative (Sodium Benzoate), Acidity Regulator (Sodium Citrate), Antifoaming Agent (Dimethyl Polysiloxane). Contains a Source of Phenylalanine.
COKE ZERO	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Post-Mix Syrup Water, Colour (Caramel E150d), Phosphoric Acid, Sweeteners (Aspartame, Acesulfame K), Natural Flavourings including Caffeine, Acidity Regulator (Sodium Citrate), Preservative (Sodium Benzoate), Antifoaming Agent (Dimethyl Polysiloxane). Contains a Source of Phenylalanine.
Dr Pepper Zero	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Water, Colour (Caramel E150d), Acids (phosphoric Acid, Lactic Acid), Sweeteners (Aspartame, Acesulfame-K, Sucralose), Flavourings including Caffeine, Preservatives (Sodium Benzoate, Potassium Sorbate), Anti-foaming Agent (Dimethyl Polysiloxane). Contains a Source of Phenylalanine.
IRN BRU	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Water, Sugar, Acid (Citric Acid), Flavourings (including Caffeine, Ammonium Ferric Citrate), Preservative (Sodium Benzoate), Colours (Sunset Yellow, Ponceau 4R)*. **May have an adverse effect on activity and attention in children'
Tango IceBlast	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Water, Glycerine (E422)* , Citric Acid (E330), Pectin (E440), Flavouring, Sodium Chloride, Sucralose (E955), Preservative (Potassium Sorbate E202), Colour. *Glycerine, Glycerol and Additive E422 not suitable for children 7 and below.
Coca-Cola Frozen	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Sugar, Water, Colour (E150d), Acidifier (Phosphoric Acid), Natural Flavourings, Caffeine Flavouring, Stabiliser (Quillaia Extract).
Fanta Frozen Range Glycerol Free	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Water, Sugar, Acid (E330), Stabiliser (E999), Preservatives (E202, E211), Raspberry: Natural Flavourings, Colour (Brilliant Blue FCF E133). Strawberry: Vegetable And Plant Concentrates (Carrot, Safflower), Flavourings
Fanta Frozen Range	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Water, Sugar, Stabiliser (Glycerol* , Quillaia Extract, Sodium Carboxymethyl Cellulose), Flavour enhancer (Erythritol), Citric Acid, Flavourings, Preservatives (Sodium Benzoate, Potassium Sorbate), Sweeteners (Sucralose, Acesulfame K), Colour. *Glycerine, Glycerol and Additive E422 not suitable for children 7 and below.
Slushy Jacks	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	Water, Stabiliser (Glycerin E422*), Acid (Citric Acid E330, Ascorbic Acid E300), Flavouring, Sodium Chloride, Sweetener (Sucralose E955), Preservative (Potassium Sorbate E202), Colour. *Glycerine, Glycerol and Additive E422 not suitable for children 7 and below.
Rijo Hot Chocolate	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	Y	No	Contains Milk Products (Dried Whey and Glucose Syrup from Lactose).
Rijo Coffee Beans	N	N	N	N	N	N	N	N	N	N	N	N	N	N	Y	Y	
Rijo Deluxe Skimmed Milk	N	N	N	N	N	N	Yes	N	N	N	N	N	N	N	Y	No	Contains Milk Products